

HALF-DAY AYUR SPA RITUAL

17500/-

AYUR DETOX AND TONE

Eliminate impurity build up deep inside you while toning the skin with this invigorating and effective body treatment specifically designed to target areas of cellulite.

• Deep tissue massage

• Toning Body Mask

• Balancing Facial

• Steam Bath

Duration: 3 hours - Sessions commence at either 9.00am to 12.00 or 1.00pm to 4.00pm

FULL DAY AYUR SPA RITUAL

25500/-

AYUR REJUVENATE

Renew and rejuvenate your mind, body and soul with this supreme Ayurveda rejuvenating experience.

• Herbul bath with Jacuzzi

• Body polish

• Refining body mask

• Facial massage

• Head massage

• Foot massage

• Steam bath

• Ayurveda Lunch

Duration: 6 hours - Sessions commence at either 9.00am to 3.00pm or 10.00am to 4.00pm

Signature Treatments

VERA THAVARUMA (Exotic Body Glow)- 1 hr. 45 min

9000/-

A complete body treatment that revitalises skin tissue, relieving stressed skin and stimulating new skin growth..

CHAVVA LANKARAYA (In Harmony With Nature)- 1 hr. 45 min

9000/-

This massage using specially formulated gel polish enriched with Ayurveda oils is both physically and emotionally stimulating.

VAKTHRA SHUDHI (Nature's Face Lift)- 60 min.

7000/-

This face treatment is ideal for rejuvenating skin that is wrinkled, dehydrated, dull, and oily or has blemishes. The ultimate soothing treatment for tired and stressed feet; it also provides added stimulation to improve the body's own healing and balancing process.

PADHA LANKARAYA (Foot Soother)- 60 min.

7000/-

Glow is the keyword for this deep cleansing exfoliating treatment.

PRENANAYA (Body Polish)- 1 hr. 45 min

9000/-

This treatment is designed to ease away tension by focussing on key areas in the back, neck and shoulders.

SHIROCHIKITHSA (Stress Relief)- 1 hr. 45 min

8700/-

This treatment provides the combined effects for both slimming and toning of your body.

AYUR FULL BODY WRAP- 1 hr. 45 min

8700/-

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8700/-

A deep cleansing exfoliating body treatment that relieves stressed skin and revitalizes skin tissue stimulating new growth, this includes a gentle massage, a soothing body scrub and deep fomentation to give an overall radiant look.

PAMPER ME: RADIANT LOOK - 90 min

7750/-

A deep cleansing exfoliating body treatment that relieves stressed skin and revitalizes skin tissue stimulating new growth, this includes a gentle massage, a soothing body scrub and deep fomentation to give an overall radiant look.

Siddhalepa Ayurveda Spa

33, Wijerama Road, Colombo 07.

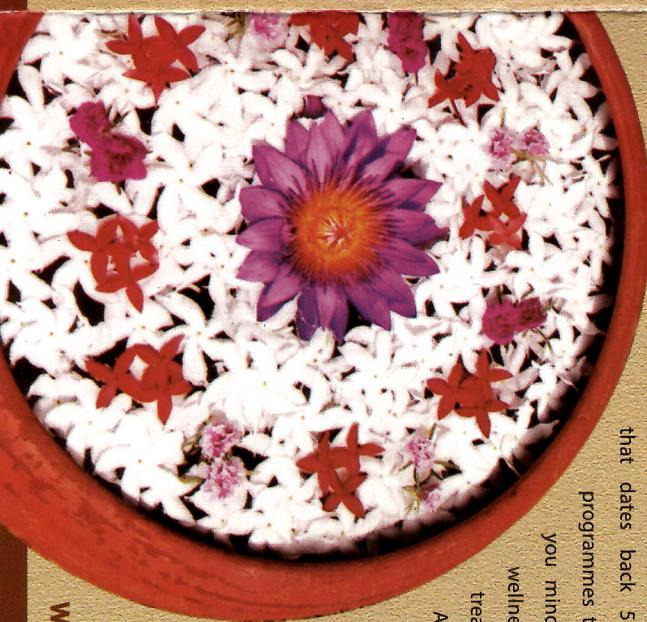
106 A, Temple's Road, Mount Lavinia

Tel: 011 2698161 / 011 2698131 / 077 2538727

Tel: 011 2738622 / 077 3710139

Operating Hours : The spa opens from 7.30 am to 8.00 pm

Reservations : siddalep@stlk.lk



Heal Your Body,
Mind & Soul.....



SIDDHALEPA
Ayurveda
Resorts & Spas



Indulge in the wonders of Ayurveda therapy – a restorative art of healing that dates back 5000 years. Enjoy traditional Ayurvedic

programmes that will cleanse, detoxify, and rejuvenate you mind, body and soul. We promote general wellness through traditional Ayurvedic treatments under the guidance of experienced Ayurvedic Doctors and all our products are made from 100% natural ingredients too. A range of packages and treatments are available, and you can choose what suits you best on the advice of our Ayurvedic physician. So, just relax, unwind and let the soothing delights of Ayurvedic care give you a new lease of life.